

KIMES 2017  
MEDIGATE 지구의 세미나

# 미국에서 의사로 살기



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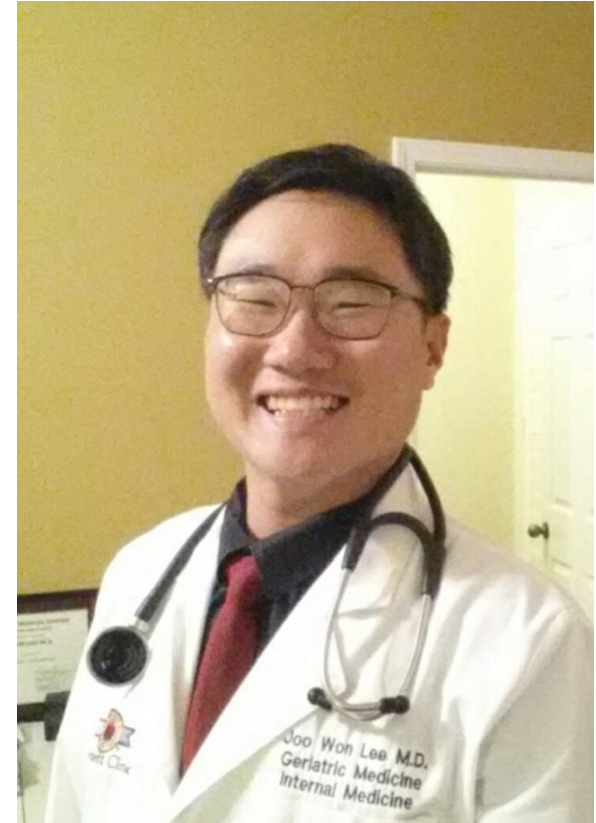
# Disclosure

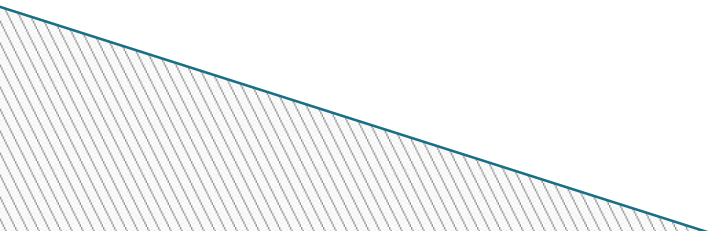
[www.USMLEKOREA.com](http://www.USMLEKOREA.com) 개설 / 운영자  
[www.medigate.net](http://www.medigate.net) 지구의 게시판 자문의

- ▶ No financial gains
- ▶ No conflicts of interest to disclose

# Self-introduction

- ▶ Born Abidjan, Ivory Coast
- ▶ Cairo Korean School, Egypt
- ▶ Pakistan International in Cairo, Egypt
- ▶ Choongdong Middle, Seoul Korea (서울 중동중학교)
- ▶ DaeWon Foreign Language High, Seoul Korea (서울 대원외국어 고등학교)
- ▶ Inha Pre-med/med school, Incheon Korea(인하의대)
- ▶ Harvard Medical School Clerkship, Boston USA
- ▶ Geumsan Public Health Center, Geumsan Korea (금산군 보건소)
- ▶ MetroWest Medical Center, Intern/resident, Framinghma, USA (Internal Medicine)
- ▶ Univ of Hawaii, JABSOM, Honolulu, USA (Geriatrics)
- ▶ PCP at Gwinnett Clinic, GA USA
- ▶ Staff Physician at Gwinnett Medical Center, GA USA



- 1. Why US**
  - 2. Why not US**
  - 3. US Licensing System**
  - 4. Matching**
  - 5. Intern/Residency**
  - 6. Culture/System**
  - 7. Life as US doctor**
- 

# Why US

## ▶ As a doctor

- ▶ – less governmental meddling
- ▶ – Quality care 15–30 patients/day
- ▶ – Mid-level providers
- ▶ – healthy patient–doctor relationship
- ▶ – right to release patient from practice (aka “firing patient”)
- ▶ – social respect
- ▶ – work–life balance
- ▶ – less bankruptcy

## ▶ As a person

## ▶ As a parent



# Why US

- ▶ As a doctor
- ▶ As a person
  - ▶ – No comparisons with others : Live your life!
  - ▶ – Beautiful nature, Clean air
  - ▶ – Spacious single housing with garden
  - ▶ – low gas cost
  - ▶ – Family time
  - ▶ – Relatively low traffic
- ▶ As a parent



# Why US

- ▶ As a doctor
- ▶ As a person
- ▶ As a parent
  - ▶ – Better education
  - ▶ – Safety first
  - ▶ – Outdoor activities









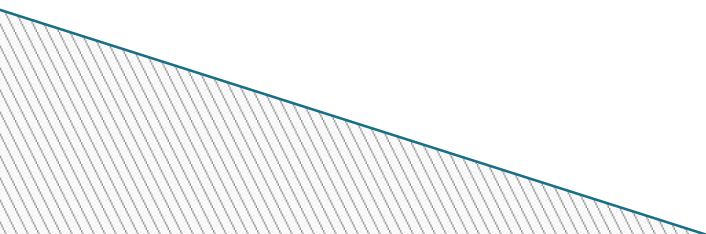
# Why not US

## ▶As a doctor

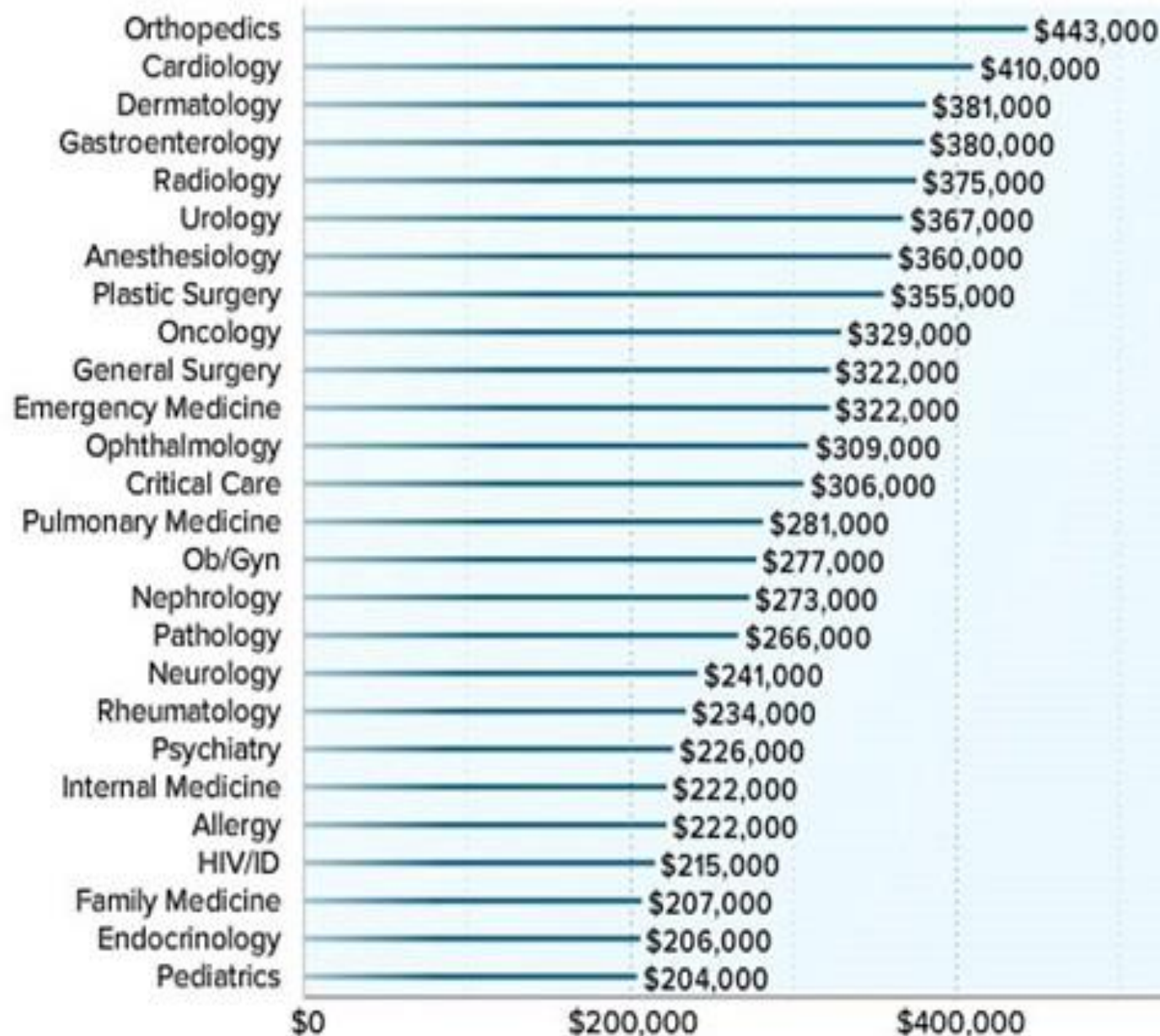
- ▶– English : episodes ; Pass out/Pass away/go light on
- ▶– Cultural difference : silence is not a gold.
- ▶– Do not expect to be a “Bill Gates”
- ▶– Drug Seekers
- ▶– Malpractice law suits
- ▶– License renewal every 2 years
- ▶– Board certification renewal every 10 years

## ▶As a person

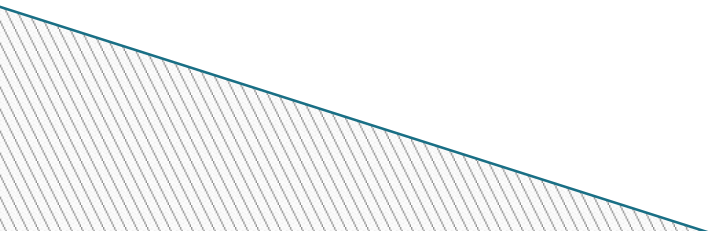
## ▶As a parent



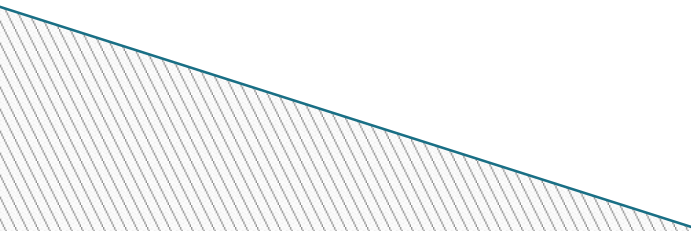
## How Much Do Physicians Earn Overall?



# Why not US

- ▶ As a doctor
  - ▶ As a person
    - ▶ -English
    - ▶ -inefficient system. Less flexibility
    - ▶ -Immigration Stress in the beginning
    - ▶ -Rent, Housing costs
    - ▶ -Boring/lonely in the beginning
  - ▶ As a parent
- 

# Why not US

- ▶ As a doctor
  - ▶ As a person
  - ▶ As a parent
    - ▶ – Korean or American; identity issues
    - ▶ – Safety Issues. Gun shooting accidents
- 





LEOPARD'S CAFE

CYCLE

Borden  
MILK  
1% Low Fat Milk





# US Licensing System

## Independent Attending Physician

State Medical License

US training 1–3 yrs (+ USMLE step3)

NRMP matching

ECFMG certification (this is not a license)

USMLE step1, step2CK and step2 CS (+ step 3)

# US Licensing System

USMLE

Step 1 = basic science – clinically oriented

Step 2 CK = Clinical Knowledge

Step 2 CS = Clinical Skills

Step 3 = clinical judgement

10 months–2yrs

[www.usmlekorea.com](http://www.usmlekorea.com)

[www.usmlemaster.com](http://www.usmlemaster.com)

Kaplan

GMES



# Matching

Interview

Citizen/GC USMG >>>>IMG

USMLE scores >>>> publications

Letter of Recommendations (LoR)

– Externship, Clerkship, Observership

March : Matching

Sep : Feb – Interview Season

Sep : NRMP application

July–Aug Must have ECFMG certification/step3

# Which Visa?

## H1b/H4 Visa

**Pros** – No 2 year home requirement, fast green card process, can work anywhere, 3yr term

**Cons** – Competitive, H4 can't work, difficult to get fellowship that sponsor H visa

## J1 /J2 Visa

**Pros** – less competitive, J2 can work, Many fellowship welcome J1 visa

**Cons**– 2 year rule applies. Needs J1 waiver to start green card process, needs to be renewed every year.

# Intern/Residents Daily Life

6 am – Intern/ MS Preround

7 am – Residents Round

8–12:30 am – Attending Round

12:30 am –1:30pm Noon Conference

1:30pm – 3pm Note, Follow up

3pm – sign out







FRAMINGHAM  
UNION HOSPITAL







# English

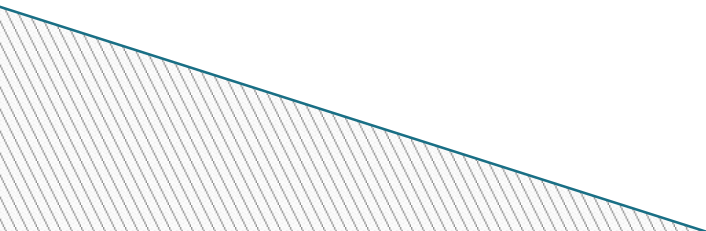
- Confidence
- Fluency > Pronunciation
- Accent/Intonation > Pronunciation
- Useful Expressions (Slang) – takes Time

ex) Go bananas

- Think, Write, Speak in English



# General Culture

- Yielding your seat
  - Bowing
  - Memorizing names
  - Eye Contact
  - Private zone - Waiting in a stairway
  - Uptodate / Pocket Medicine
- 

# Hospital Culture

Burn-out

Noon Conference – eating and listening and questioning

Nurse Power

Evidence based



# System Difference

Primary Team

Night Float

Consultants

PCP / Hospitalist / Attending

HCP (Health Care Proxy) / Family

Paramedics – Respiratory Therapist, Dietician  
(=Nutritionist), Pain Management , OT/PT,  
Phlebotomist

NP, NP-BC (AGPCNP-BC)

PA, PA-C

Code status : Full / DNR/DNI / CMO

# Abbreviations

56 yo (w)m

CBS s rale → CTA B/L s rale

RHB s murmur → RRR, s1,s2 normal s murmur

# Medications

Kefzol / Keflex / Zosyn / Unasyn / Levaquin /  
Zithromax

Protonix / Prilosec / Zantac

Percocet / dilaudid / MS contin

Aleve/Advil/Tylenol

Duoneb



# Life As an Attending

PCP: 9-6 / M-F

Traditional vs 100% out patient

Average 15-30 patients / day

Sick Visit / Well Visit

Hospitalist: 7-7/ 7on 7off (or 5on 5off)

Specialists

Academic Hospital Professors



# Questions?





CLAUDE  
PRESBYTERIAN CHURCH

THERE ARE SOME  
QUESTIONS THAT  
CAN'T BE  
ANSWERED BY  
GOOGLE

# 지구의

해외에서 의사로 살아가는 방법&이야기를 공유하는 게시판입니다.

자문위원 이름을 클릭하시면 상세 약력을 확인하실 수 있습니다.

 <b>이주원</b> Medical Doctor	 <b>황병관</b> Medical Doctor	 <b>서성희</b> Medical Doctor	 <b>민선호</b> Medical Doctor	 <b>박관태</b> Medical Doctor Ph.D.	 <b>이영택</b> Medical Doctor	 <b>최두성</b> Lawyer
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- 전체
- 미국 / 캐나다
- 중동
- 유럽
- 아시아
- 호주/뉴질랜드
- 기타

TOP

제목+내용 전체 보기 글쓰기

지구의 이용회원 9426 명

Thank you!  
감사합니다.

